

REQUIREMENTS FOR THE MINOR
DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
THE UNIVERSITY OF OKLAHOMA

Academic Year
For Students Entering the Oklahoma State System for Higher Education Summer 2025 through Spring 2026

General Requirements
Minimum Total Credit Hours 18
Minimum Upper-Division Hours 12

Program
Health & Exercise Science
N500
Minor

Minimum Total Credit Hours: 18

Minimum Upper-Division Hours: 12

Program Code: N500

- The requirements for a minor must be completed concurrently with the major degree requirements.
- No minor may be added by completing courses after receiving the bachelor's degree.

At least six (6) credit hours must be earned in courses acceptable for residence credit by standards set forth by the Dodge College of Arts and Sciences, excluding transfer, correspondence, and examination (AP, CLEP, Advanced Standing) credit. Courses for the minor may not be taken Pass/ No Pass.

No single course may be used by a student to satisfy a major requirement and a minor requirement. A course may be used, however, to satisfy both a major support requirement and a minor requirement.

Requests to substitute a minor requirement must be approved in writing by the Department of Health & Exercise Science.

Required Courses

Students must successfully complete, with the grade of C or better, at least 18 hours of courses acceptable for major credit in Health and Exercise Science, including at least 12 hours at the upper-division level. In addition to HES 1823 and HES 2913, students must complete twelve (12) additional upper division hours, which can consist of four 3-hour upper-division electives, or any combination of appropriate upper-division electives that will total twelve (12) hours.

A grade of C or better must be earned in each course counted for minor credit.

Code	Title	Credit Hours
HES 1823	Scientific Principles of Health and Disease	3
HES 2913	Personal Health	3
Choose 12 hours of courses acceptable for major credit in HES ^{1,2}		12
Total Credit Hours		18

¹ HES 3893 may be used for HES minor credit.

² Students obtaining a minor in HES are *not* eligible for Internship or Independent Study hours.

- Minors in the Dodge College of Arts & Sciences are available to all undergraduate students at OU. If the minor is officially declared, successfully completed, and noted on the graduation application, the student's transcript will so indicate at the time the bachelor's degree is posted.

More information in the catalog: (<http://ou-public.courseleaf.com/dodge-arts-sciences/health-exercise-science/health-exercise-science-minor/>).