

REQUIREMENTS FOR THE BACHELOR OF ARTS PROFESSIONAL AND CONTINUING STUDIES THE UNIVERSITY OF OKLAHOMA

Academic Year
For Students Entering the Oklahoma State System for Higher Education Summer 2025 through Spring 2026

General Requirements	
Minimum Total Credit Hours	120
Major Hours	48
Minimum Retention/Graduation Grade Point Averages:	
Overall - Combined and OU	2.00
Major - Combined and OU	2.00

Program
Lifespan Care Administration (Online)
B650
Bachelor of Arts

OU encourages students to complete at least 30 hours of applicable coursework each year to have the opportunity to graduate in 4 years.

GENERAL EDUCATION AND COLLEGE REQUIREMENTS

Courses taken to fulfill the University General Education Requirements must be chosen from the approved General Education course list published in the Class Schedule or at <http://www.ou.edu/generated/courses>.

UNIVERSITY-WIDE GENERAL EDUCATION (MINIMUM 40 HOURS) AND COLLEGE REQUIREMENTS

Code	Title	Credit Hours
Core Area I: Symbolic & Oral Communication (9-19 hours)		
PSIS 1113	Interdisciplinary Composition I	3
or ENGL 1113	Principles of English Composition	
PSIS 1133	Interdisciplinary Composition II	3
or ENGL 1213	Principles of English Composition	
PSMS 1053	Mathematics in Liberal Studies (or equivalent General Education Math course)	3
Language ¹		0-10
Core Area II: Natural Science (minimum 7 hours)		
Choose two from different disciplines, including one lab component.		7
Core Area III: Social Science (6 hours)		
PSSC 1333	Government in the United States	3
or P SC 1113	American Federal Government	
Choose one Social Science course ²		3
Core Area IV: Arts and Humanities (12 hours)		
Choose one of the following:		3
PSSC 1153	A History of the United States	
HIST 1483	United States to 1865	
HIST 1493	United States, 1865 to the Present	
Choose one course from each of the following three fields. One course must be upper-division (3000-4000 level)		9
Choose one Artistic Forms course		
Choose one Western Culture course		
Choose one World Culture course		
Core Area V: First Year Experience (3 hours)		
Choose one course		3
Total Credit Hours		37-47

- ¹ Students who have completed two years of high school language are exempt from the general education language requirement. If this requirement is waived, a few hours of General Education electives may be needed to achieve the required 40 hour minimum.
- ² LSTD 1333 and LSTD 1313 recommended

FREE ELECTIVES

Electives to bring total applicable hours to the minimum total required for the degree including 40 upper-division hours.

PENDING DELETION.

Major Requirements

Code	Title	Credit Hours
Liberal Studies Required Core		
PSIS 3003	Interdisciplinary Inquiry	3
PSIS 3953	Critical Inquiry in Interdisciplinary Studies	3
PSIS 4953	Portfolio in Interdisciplinary Studies	3
Lifespan Care Common Core		
LSLC 3113		3
LSLC 3133		3
LSLC 3173		3
LSLC 4063		3
PSHA 3153	Ethical and Legal Issues in Health Care	3
LSLC 4193		3
Lifespan Care Age-Span Coursework		
LSLC 3203		3
LSLC 3313	Issues in Adolescence I	3
LSLC 3403		3
LSLC 4173		3
Electives		
Choose 9 hours of major electives.		9
Total Credit Hours		48

More information in the catalog: (<http://ou-public.courseleaf.com/professional-continuing-studies/college-pacs-administrated-programs/lifespan-care-administration-bachelor-arts/>).

SUGGESTED SEMESTER PLAN OF STUDY

This plan shows one possible grouping of courses that would allow students to graduate in four years. Please refer to the front of the degree checksheet for official requirements. Students must consult with College of Professional & Continuing Studies academic advisers to verify that courses selected each semester fulfill the recommended plan and satisfy university, College of Professional & Continuing Studies, and major requirements.

Year	FIRST SEMESTER		Hours	SECOND SEMESTER		Hours
FRESHMAN	PSIS 1113	Interdisciplinary Composition I (Core I)	3	PSIS 1133	Interdisciplinary Composition II (Core I)	3
	PSSC 1153	A History of the United States (Core IV)	3	PSSC 1333	Government in the United States (Core III)	3
	PSIS 2023	Strategies for Success	3	PSMS 1053	Mathematics in Liberal Studies (Core I)	3
		First Year Experience (Core V)	3	PSIS 1003	Introduction to Interdisciplinary Study	3
		Free Elective	3		Free Elective	3
	CREDIT HOURS		15	CREDIT HOURS		15
SOPHOMORE	PSSC 1313	What in the World are the Social Sciences? (Core III)	3		Language II (Core I)	5
	PSIS 2033	Writing for Success	3		Science with Lab Component (Core II)	4
		Language I (Core I)	5		Western Culture (Core IV)	3
		General Education Science (Core II)	3		Artistic Forms (Core IV)	3
		Free Elective	1			
	CREDIT HOURS		15	CREDIT HOURS		15
JUNIOR	LSLC 3113		3	LSLC 3173		3
	PSIS 3003	Interdisciplinary Inquiry	3	PSHA 3153	Ethical and Legal Issues in Health Care	3
	LSLC 3133		3	LSLC 3313	Issues in Adolescence I	3
	LSLC 3203		3	LSLC 3403		3
		World Culture (Core IV)	3		Lifespan Track Requirement	3
	CREDIT HOURS		15	CREDIT HOURS		15
SENIOR	LSLC 4063		3	LSLC 4193		3
	PSIS 3953	Critical Inquiry in Interdisciplinary Studies	3	PSIS 4953	Portfolio in Interdisciplinary Studies	3
	LSLC 4173		3		Lifespan Track Requirement	3
		Lifespan Track Requirement -Issues Course II	3		Free Elective	3
		Free Elective	3		Free Elective	3
	CREDIT HOURS		15	CREDIT HOURS		15