## EDPC-PROFESSIONAL COUNSELING

#### **EDPC G4413** Introduction to Counseling

3 Credit Hours

Prerequisite: Senior standing or permission of instructor; Majors only. Topics covered include development of the counseling and guidance profession, various approaches and techniques employed in counseling, the work of the counselor in various settings, and an introduction to basic theoretical and philosophical positions in counseling and guidance. (F, Sp)

#### EDPC 4970 Special Topics/Seminar

1-3 Credit Hours

1 to 3 hours. Prerequisite: senior standing or permission of instructor. May be repeated with change of content; maximum credit nine hours. Special topics or seminar course for content not currently offered in regularly scheduled courses. May include library and/or laboratory research and field projects. (Irreg.)

#### EDPC 5113 Human Development

3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program or permission of instructor. An introductory survey of current theory and research as it applies to human development across the lifespan. Emphases include cognitive and language development, self and social development, and contextual influences on development. Particular focus will be on human development as related to counseling. (F)

#### EDPC 5253 Assessment in Counseling

**3 Credit Hours** 

Prerequisite: admission to Professional Counseling, M.Ed. program or permission of instructor. Theories of personality and intelligence testing will be discussed. Students will gain knowledge and experience in administering, scoring, and interpreting personality tests and in interpreting intelligence tests with an emphasis on the Wechsler scales. (F)

#### EDPC 5263 Professional Issues and Ethics in Counseling 3 Credit Hours

Prerequisite: Must be admitted to masters program in Professional Counseling. This course introduces graduate students in counseling to professional, legal and ethical issues in professional counseling. The course reviews literature and covers topics pertaining to counseling, supervision, teaching, and research, with special focus on areas that are most important and most current in the field. (Sp)

## EDPC 5413 Occupational Information--Career Development 3 Credit Hours

Prerequisite: admission to Professional Counseling, M.Ed. program or Counseling Psychology, Ph.D. program, or permission of instructor. Methods of preparing informational files for student use; nature of educational and occupational information, job classification, sources of information, and occupational surveys and trends. Theories of career development; techniques of job and occupational analysis; individual experiences of reporting client career development. (F)

#### EDPC 5423 Methods and Techniques of Counseling 3 Credit Hours

Prerequisite: admission to Professional Counseling, M.Ed. program or Counseling Psychology, Ph.D. program, or permission of instructor. Introduction to stages in the counseling process; interviewing skills; counseling objectives; appropriate strategies. Common theories of counseling and psychotherapy and ethical considerations are considered. (Su)

## EDPC 5433 Theories and Techniques of Group Counseling 3 Credit Hours

Prerequisite: admission to Professional Counseling, M.Ed. program or Counseling Psychology, Ph.D. program. Introduction to types of groups, group development, group leadership, and group dynamics with an emphasis on counseling groups. Includes experiential training in group work. (Su)

#### EDPC 5443 Family Systems Theory

3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program (M216). An introduction to family counseling and therapy as one of the approaches to dealing with interpersonal conflict. The focus of the course is to introduce a scientific paradigm for family systems and counseling and to use a competency-based approach to intervention that is consistent with current guidelines. Assessment approaches are also discussed. (F)

#### EDPC 5453 Social & Cultural Diversity

Credit Hou

Prerequisite: Admission to Professional Counseling M.Ed. program (M216). Focuses on increasing understanding of and sensitivity regarding cognitive aspects, discourses, political realities, and issues of awareness in various minority groups, including issues related to cultural values and spirituality. Methods for increasing multicultural communication and social justice research in counseling are discussed. (F)

#### EDPC 5473 Counseling Theories

3 Credit Hours

Prerequisite: admission to Professional Counseling, M.Ed. program or Counseling Psychology, Ph.D. program, or permission of instructor. Surveys prevalent counseling theories within the overarching categories of psychodynamic, humanistic, behavioral and cognitive-behavioral, and contextual and constructivist approaches. In addition, multicultural counseling competencies will be reviewed. Theories presented will be discussed in terms of counseling goals, central concepts and techniques, diversity applications, and research support. (F)

#### EDPC 5483 Diagnosis & Treatment in Counseling 3 Credit Hours

Prerequisite: EDPC 5423, 5473, 5263, and Majors only. Diagnostically oriented course in abnormal behavior stressing standard nosology exemplified by the Diagnostic and Statistical Manual of the American Psychiatric Association (DSM). (Sp)

#### EDPC 5493 Child and Adolescent Counseling 3 Credit Hours

Prerequisite: Graduate standing, admission to the Professional Counseling Program, EDPC 5423, EDPC 5473, and EDPC 5263. Child and Adolescent Counseling presents theories, techniques, and strategies for counseling children and adolescents and their families in both school and clinical settings. The course will explore counseling issues, special considerations, and counseling interventions related to this population. (Sp)

#### EDPC 5503 Introduction to Neurofeedback in Counseling 3 Credit Hours

Prerequisite: graduate standing; admission to Professional Counseling, M.Ed. program or permission of instructor. The course provides students with an introduction to the integration of neurofeedback into counseling practice and is designed to satisfy BCIA didactic requirements for neurofeedback certification. Neurofeedback is a form of biofeedback used to empower individuals to regulate their brainwave patterns. (F)

## EDPC 5513 Introduction to Abuse and Addictions Theory and Treatment 3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program or permission of instructor. An overview of various abuse and addiction theories, treatment and stages of change, including substance use disorders, gambling addictions and sex addictions. (Su)

#### EDPC 5523 Addictions and Family Theory

**3 Credit Hours** 

Prerequisite: Admission to Professional Counseling M.Ed. program or permission of instructor. An overview of various addictions with emphasis on substance use disorders and their effect on individuals, families, and communities. The course will focus on prevention and treatment. (Sp)

## EDPC 5533 Psychopharmacology/Neurobiology of Addiction 3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program or permission of instructor. In this course, alcohol and drug dependency is explored through the study of brain chemistry and related causal factors and pathophysiological processes. The role of psychopharmacology is addressed as an agent frequently used in the management and resolution of withdrawal symptoms. (Sp)

#### EDPC 5543 Addictions Counseling: Theoretical Approaches and Co-Occurring Disorders 3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program or permission of instructor. Examines major theoretical approaches to the treatment of substance abuse. Diagnosis of co-occurring disorders will also be addressed. (F)

#### EDPC 5553 Addictions in Family Counseling 3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program or permission of instructor. Examines major Family Counseling Treatment approaches to substance abuse and addiction. Various assessment instruments will be examined and family dynamics will be studied. Multicultural issues will also be examined. (Sp)

#### EDPC 5623 Advanced Counseling Techniques 3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program (M216). This course is for students with advanced standing in Professional Counseling with a focus on deepening understanding of counseling theory and honing applied therapeutic skill. It is designed to facilitate exploration of advanced counseling theory and technique, with an emphasis on applied procedures. (Sp)

EDPC 5633 Counseling Supervision and Consultation 3 Credit Hours
Prerequisite: Graduate standing and admission to Clinical Professional
Counseling M.Ed. program. The purpose of this course is to begin
to familiarize students in counseling with the research and applied
literature on clinical supervision. The primary model examined is the
developmental approach to supervision. Consultation will also be
discussed. (Sp)

#### EDPC 5643 Foundations of School Counseling 3 Credit Hours

Prerequisite: Graduate standing and admission to the Professional Counseling program or School Counseling Certificate program. The role and functions of school counselors, including their work with students, teachers, administrators, and parents, as well as their complementary relationships with other student services personnel. (F)

#### EDPC 5653 Crisis Counseling 3 Credit Hours

Prerequisite: Admission to Professional Counseling M.Ed. program (M216) or permission of instructor. An overview of methods and techniques used in assessing and implementing effective interventions in crisis counseling settings. (Su)

#### EDPC 5913 Practicum in Counseling--Master's

**3 Credit Hours** 

Prerequisite: Admission to Professional Counseling, M.Ed. program or Counseling Psychology, Ph.D. program. May be repeated; maximum credit six hours. Variable as to title and subject profession. Provides field-type experience under faculty supervision and is designed to introduce the student to the practical application of theory within an environment in which professional practice takes place. Seminar experience is to be included. (F, Sp)

## EDPC 5920 Optional Internship in Professional Counseling 1-3 Credit Hours

1 to 3 hours. Prerequisite: Graduate standing, departmental permission, and admission to the Professional Counseling M.Ed. program. Optional counseling internship designed to allow students to make up hours required for completion of practicum and/or internship requirements during summer semester. Introduces student to the profession under supervision of a practitioner whose professional credentials are equal to those of members of the clinical professional counseling program faculty. (Irreg.)

# EDPC 5923 Internship in Professional Counseling 3 Credit Hours Prerequisite: Graduate standing and admission to the Professional Counseling M.Ed. program. May be repeated; maximum credit 6 hours. Introduces the student to the profession under the supervision of a practitioner whose credentials are equal to those of the graduate faculty. (Irreg.)

#### EDPC 5960 Directed Readings 1-4 Credit Hours

1 to 4 hours. Prerequisite: 12 hours of education, approval of instructor, adviser and dean. May be repeated; maximum undergraduate credit eight hours; maximum graduate credit four hours. (Irreg.)

#### EDPC 5970 Special Topics/Seminar 1-3 Credit Hours

1 to 3 hours. Prerequisite: graduate standing or permission of instructor. May be repeated; maximum credit nine hours. Special topics or seminar course for content not currently offered in regularly scheduled courses. May include library and/or laboratory research and field projects. (Irreg.)

## **EDPC 5980** Research for Master's Thesis 2-9 Credit Hours Variable enrollment, two to nine hours; maximum credit applicable toward

degree, four hours. Laboratory (F, Sp, Su)

### EDPC 6990 Individual Study in Education 1-4 Credit Hours 1 to 4 hours Prerequisite: 12 hours of education graduate standing and

1 to 4 hours. Prerequisite: 12 hours of education, graduate standing and permission of the instructor. May be repeated with change of subject matter; maximum credit eight hours. For advanced graduate students who need to study some problem or area not adequately covered in the organized courses, under the direction of a staff member in whose area of specialization the problem lies. (Irreg.)