

# ARTH-ART THERAPY

## **ARTH 3403 Theory and Application of Art Therapy 3 Credit Hours**

Prerequisite; junior standing, not for Art or Art History majors. Class considers the underlying principles, prevailing theories, current practice and evolving uses of art therapy with a focus on the theory and interdisciplinary nature of art therapy. In addition, the social and interpersonal applications of art, which are on a continuum with art therapy, will be addressed linking the disciplines of art and therapy. The primary approaches of art psychotherapy and art as therapy will be contrasted and students will create and discuss art within both theoretical frameworks. (Irreg.)

## **ARTH 3440 Mentored Research Experience 3 Credit Hours**

0 to 3 hours. Prerequisites: ENGL 1113 or equivalent, and permission of instructor. May be repeated; maximum credit 12 hours. For the inquisitive student to apply the scholarly processes of the discipline to a research or creative project under the mentorship of a faculty member. Student and instructor should complete an Undergraduate Research & Creative Projects (URCP) Mentoring Agreement and file it with the URCP office. Not for honors credit. (F, Sp, Su)

## **ARTH 3503 Theory and Application of Creative Therapies 3 Credit Hours**

Prerequisite: junior standing, not for Art or Art History majors. Class covers a broad range of therapeutic methods which all draw from a theoretical base in the arts, creativity, and expression. A strong focus will be on creativity theory and how it is applied through creative therapy disciplines such as art, music, dance and drama therapy. These creative therapies will be linked in terms of physical and mental outcomes expected and that are documented in the literature and research. Students will be required to take a critical look at both the theoretical basis and the practical applications of these creative modes. (Irreg.)

## **ARTH 3960 Honors Reading 1-3 Credit Hours**

1 to 3 hours. Prerequisite: admission to Honors Program. May be repeated; maximum credit six hours. Consists of topics designated by the instructor in keeping with the student's major program. Covers topics not usually presented in the regular courses.

## **ARTH 3970 Honors Seminar 1-3 Credit Hours**

1 to 3 hours. Prerequisite: admission to Honors Program. May be repeated; maximum credit six hours. Subjects covered vary. Deals with concepts not usually treated in regular courses. (Irreg.)

## **ARTH 3980 Honors Seminar 1-3 Credit Hours**

1 to 3 hours. Prerequisite: admission to Honors Program. May be repeated; maximum credit six hours. Provides an opportunity for the gifted Honors candidate to work at a special project in the student's field. (F, Sp, Su)

## **ARTH 3990 Independent Study 1-3 Credit Hours**

1 to 3 hours. Prerequisite: permission of instructor and junior standing. May be repeated once with change of content. Independent study may be arranged to study a subject not available through regular course offerings. (F, Sp, Su)

## **ARTH 4950 Art Therapy Practicum 2-6 Credit Hours**

Prerequisite: junior standing, two courses in social sciences; not for Art or Art History majors. Class covers a broad range of therapeutic modalities which all draw from a theoretical base in creativity and expression. A strong focus will be on creativity theory and how it is applied through creative therapy modalities. Modalities taught will be linked in terms of physical and mental outcomes expected and that are documented in the creative therapies literature and research. Students will be required to take a critical look at both the theoretical basis and practical application of these creative modes. (Irreg.)

## **ARTH 4960 Directed Readings 1-4 Credit Hours**

1 to 4 hours. Prerequisite: good standing in University; permission of instructor and dean. May be repeated; maximum credit four hours. Designed for upper-division students who need opportunity to study a specific problem in greater depth than formal course content permits. (Irreg.)

## **ARTH 4970 Special Topics/Seminar 1-3 Credit Hours**

1 to 3 hours. Prerequisite: Senior standing or permission of instructor. May be repeated; maximum credit nine hours. Special topics or seminar course for content not currently offered in regularly scheduled courses. May include library and/or laboratory research and field projects. (Irreg.)

## **ARTH 4973 Special Topics in Art Therapy 3 Credit Hours**

Prerequisite; 3403 or 3503, not for Art or Art History majors. May be repeated with change of content; maximum credit six hours. Covers various topics dealing with diverse issues relating to the visual arts in therapeutic applications. Special topics allows a focus on one particular area or application of art therapy through readings, artwork (arts-based research protocols), and class discussion. Individualized readings and assignments may focus on a student's interdisciplinary interest. (Irreg.)

## **ARTH 4990 Independent Study 1-3 Credit Hours**

1 to 3 hours. Prerequisite: Senior standing and permission of instructor. May be repeated; maximum credit nine hours. Contracted independent study for a topic not currently offered in regularly scheduled courses. Independent study may include library and/or laboratory research and field projects. (Irreg.)