

# HEALTH & EXERCISE SCIENCE, MASTER OF SCIENCE

Minimum Total Hours (Thesis): 32  
Minimum Total Hours (Non-Thesis): 32

Program Code: M500

## Required Courses

### Thesis Option

Code	Title	Credit Hours
<b>Required Courses</b>		
HES 5523	Health Promotion Strategies	3
or HES 5563	Health Behavior I: Individual and Group Influences	
HES 5823	Exercise Physiology	3
or HES 5853	Health Fitness: Theory and Application	
<b>Core Courses</b>		
HES 5953	Research Methods in Health and Exercise Science	3
HES 5963	Statistical Applications in Health and Exercise Science (or approved substitute)	3
HES 5980	Research for Master's Thesis	4
<b>Electives</b>		
Choose 16 hours of coursework selected in consultation with the student's advisor and committee		16
Total Credit Hours		32

### Non-Thesis Option

Code	Title	Credit Hours
<b>Required Courses</b>		
HES 5523	Health Promotion Strategies	3
or HES 5563	Health Behavior I: Individual and Group Influences	
HES 5823	Exercise Physiology	3
or HES 5853	Health Fitness: Theory and Application	
<b>Core Courses</b>		
HES 5953	Research Methods in Health and Exercise Science	3
HES 5963	Statistical Applications in Health and Exercise Science (or approved substitute)	3
HES 5940	Intensive Studies in Health and Exercise Science <sup>1</sup>	2
<b>Electives</b>		
Choose 18 hours of coursework selected in consultation with the student's advisor and committee		18
Total Credit Hours		32

<sup>1</sup> Directed Reading required in conjunction with comprehensive exam.

- Program effective SU05. Check sheet version 12/2014

The master's degree requires the equivalent of *at least* two semesters of satisfactory graduate work and additional work as may be prescribed for the degree.

All coursework applied to the master's degree must carry graduate credit.

Master's degree programs which require a thesis consist of *at least* 30 credit hours. All non-thesis master's degree programs require *at least* 32 credit hours.

Credit transferred from other institutions must meet specific criteria and is subject to certain limitations.

Courses completed through correspondence study may *not* be applied to the master's degree.

To qualify for a graduate degree, students must achieve an overall grade point average of 3.0 or higher in the degree program coursework and in all resident graduate coursework attempted. A student must also have at least a 3.0 in all coursework (including undergraduate coursework if any).

Additional information for master's degree students may be found in the Graduate College Bulletin.